



FARM TO TABLE PITTSBURGH SCHOOL PROGRAM

SUPER FUN LOCAL FOOD CHALLENGE! - Assembly



Make learning about healthy food fantastic with Super Fun Local Food Challenge!

This game-show style assembly program gets kids from grades K-8 excited about choosing local, Pennsylvania-based foods, how to eat a variety of foods, and tests their ability to work together as a team! Kids will need to be ready for physical challenges, charades, and have all their food facts ready if they want to compete - but everyone wins when they learn how to eat great!

The challenge features information and prizes from Farm to Table Pittsburgh, one of Pittsburgh's most innovative healthy eating events. Assembly lasts 45 minutes and content is adjusted to meet elementary and middle/junior level skills.

MY FOOD NOTEBOOK TASTING PARTY - Classroom

- ★ **PIZZA ON A STICK:** Try this familiar food in a fun new way!
- ★ **RAINBOW PLATE:** Eat your colors and try a tasty new treat!

- Learn about healthy eating
- Each child makes a healthy snack
- Each child gets a page from *My Food Notebook* and the chance to journal about new foods.
- A discount code for students' families to order their own copies

Snacks can be tailored to meet the specific dietary needs of your classroom. Each workshop accommodates up to 30 children & lasts for 45 minutes.

Contact: Erin Hart & Liz Kanche
Email: ehart@american-healthcare.net

Cost: Super Fun Local Food Challenge \$250
My Food Notebook Tasting Party..... \$200

